

# MORNING BREATH?

Have you ever gone for a while without brushing your teeth? Maybe it was because you were sick or traveling. You were probably embarrassed to get too close to anyone or hug anyone, because you knew your breath wasn't pleasant. Well, that's what it's like when you murmur—it's like an unpleasant odor that comes out of your mouth.

But when you praise, it's like a fresh, clean smell! Praise is like a mouthwash or toothpaste; it cleans your spirit and helps you to remember to make sure that what comes out of your mouth is inspiring, pure, and fresh.

